

World Peace

*May the followers of all religions and
spiritual paths work together to create
peace among all people on Earth.*

—INSCRIPTION ON THE WORLD PEACE CRYSTAL GRID

BY WILLIAM LEE RAND

Introduction

I conceived of the World Peace Crystal Grid in 1997 as a way for Reiki people and others to create world peace. The Grid is made with copper and quartz crystals, materials that allow it to collect healing energy and send it into the world to promote peace. The philosophy embodied in its inscription is based on the idea that peace will come to the world quickly once the world's religions and spiritual people honor each other and work together in harmony to promote world peace. Peace Grids have been placed at the North and South Poles and recently in Jerusalem.

World Peace Is Possible

There is tremendous value within the teachings of the religious and spiritual organizations of the world and these teachings have had a very positive affect on the well-being of humanity. At the same time the resources of religion have sometimes been redirected to produce results that have not expressed their highest principles. In fact some feel that religion has been the cause of at least some of the war and suffering in the world. This is unfortunate because this is not the purpose of religion.

Religious intolerance seems to be the cause of most of this difficulty, and this is unnecessary. The core values of most religions and spiritual paths are very similar and represent

a common purpose that could be used to unite them to work together for worthy goals.

In fact these core values are important spiritual principles that have the power to solve our problems and bring peace to the Earth. The following are a few of these principles:

Free Will

Free will is a God-given right that is a primary tenet of most religions. Because of this principle, everyone has the right to decide for themselves which religion to follow—or to follow none at all. To fully honor this principle is to honor other religions and spiritual paths and the choice others have made to follow them.

Forgiveness

Letting go of hate and the desire for revenge is healthy not only for those forgiven, but especially for the forgiver. This is the healthy way to move forward and solve problems between groups, whereas revenge only perpetuates war and suffering for everyone.

Love

This is the greatest principle of all, as love is the greatest power. It is important that the value of love be fully understood and acted on as it is through love that our highest and most valued qualities are strengthened and expressed. There is no limit to the extent that the power of love can be developed, and it is this principle above all others that is capable of creating peace between all people on Earth.

There is tremendous power within all religions and spiritual paths, and if each would work from its highest values, accept each other, and work together in harmony, it would be easy for them to create world peace. So powerful would this force be that all the problems of the world could be easily and quickly solved! By working together with trust and respect, rather than opposing each other, each will be able to practice its religious principles in peace and will more easily be able to ensure the health and well-being of its members.

The Peace Grid Is Conceived

When I lived in Hawaii, I started to write a novel about someone who had discovered a plan to save the Earth. The plan had been developed during Atlantean times by a group of white magicians. Their plan involved storing a set of twelve crystals to await the right time to place them at the North Pole, where they would be activated by cosmic energies to heal the Earth and bring peace. The crystals had been hidden in various locations around the world—caves, museums, isolated native societies, etc. The main character's job was to travel around gathering the crystals and then take them to the North Pole, where they would be activated.

I never finished the novel, but after moving back to the Detroit area, I heard of an artist who had traveled to the North Pole to meditate. When I heard what he had done, it inspired me to do something similar. I began planning my trip, and after finding a way to get to the North Pole, began to consider what I would do once there. I thought about the ideas from the novel and realized that I would be able to do something similar to what the main character had done. This is when the idea of the Peace Grid came into being. I worked with Steve Burr, an artist who had created other Reiki jewelry for me, to design the Peace Grid.

How the Grid Works

The Grid was designed to act like a battery that can be charged with Reiki energy, which it then sends out to the Earth to create peace. The Peace Grids at the North and South Poles make use of the Earth's magnetic field, which flows through the poles. This magnetic energy is the Earth's aura, and the North and South Poles are like the Earth's crown and root chakras. With the Grids placed here, their energy is carried into the aura of the Earth to completely surround it with healing and peace. The Peace Grid in Jerusalem is in an especially strategic location as it makes use of the intense spiritual energies from the world's three main monotheistic religions, Judaism, Christianity, and Islam, which have their most important shrines in Jerusalem.

A Description of the Grid

The Grid is twelve inches in diameter and made of solid copper. With twelve petals, it has the shape of the heart chakra and is plated with a layer of nickel for protection and an outer layer of 24-carat gold. There are double-terminated quartz crystals on each petal. Inside the circle of crystals is a circle of twelve symbols that represent the major religions of the world, including independent spiritual paths, native peoples, and all others. These symbols are listed below. In the center is a cone-shaped crystal with twelve facets, each facing one of the twelve symbols, crystals, and petals. Under the central crystal are Reiki symbols; one is the Karuna Reiki® symbol for peace, and the other is the CKR, whose purpose is to increase the strength of the energy. The inscription reads:

May the followers of all religions and spiritual paths work together to create peace among all people on Earth.

Using the Grid to Create World Peace

After placing the Peace Grids at each location, I took photographs and have made these available to those who want to help. The idea is for those with Reiki to use the photos to send distant Reiki to the Peace Grids and charge them with healing energy. Thousands of copies of the North and South Pole pic-



Symbols on the World Peace Crystal Grid

tures have been passed out, and copies of all three are at the end of this article. Copies of all the pictures can also be downloaded from our web site at www.reiki.org.

Those who send Reiki to the Grids have noticed that a feeling of peace comes to them each time they do it, and those who send consistently have found that their lives become more peaceful and that they tend to function as peacemakers among the people they associate with. The Reiki that is sent to the Peace Grids charges them to fulfill their purpose, which works on many levels. The Peace Grids, guided by the Higher Power, automatically send healing energy to crisis situations on the planet, and at the same time they inspire and empower people everywhere to work toward peace.

The North Pole

This is the first location a Peace Grid was placed, May, 1997. The following is a brief account of this experience.

A cold wind whipped across the gravel runway as I walked from the plane to the small airport terminal at Resolute in Canada's Northwest Territory. It had taken two days to get there after teaching a Karuna class in New York City, yet I still had over eight hours of flight time before I would get to the North Pole.

A ski and dog sled team was going to the North Pole and would be picked up by plane once they arrived. There were a few extra seats on the plane and when planning my trip, I had made arrangements to go along. I had to wait for the right weather

conditions at the Pole before we could continue, but I also had to be ready to leave at a moment's notice. After several days of hanging out at the station, we were told it was time.

It took six hours to reach our first stop, and as we flew over the pristine environment with only ice, snow, and the tops of mountains visible, reality intensified and I was overcome by a tremendous sense of adventure.

We stopped at Eureka weather station on Ellesmere Island to refuel but had to stay as the weather at the pole had changed. We continued on the next day, but then had to return to Eureka after only a few hours because the weather didn't hold. After another day we took off again and, landing on the Arctic ice, picked up the dog sled team.

We loaded the dog sled, the dogs, and the team members onto the plane and proceeded on. The team had not made it to the Pole, so we were going to fly the remainder of the distance and land there. However, when we got over the Pole, it was covered with fog, and the pilot couldn't see the ice clearly enough to land, so we circled and came back.

I was disappointed that I hadn't placed the Peace Grid at the Pole and was not sure what to do. I made a call to the Center asking people to send Reiki energy to help the project, and then I talked to the flight dispatcher to see if I could get on another flight.

There are actually two North Poles; one is geographic and the other magnetic. I chose the geographic pole simply because I was offered a ride there. I didn't know there were flights to the

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magnetic pole, even though this was the best place for the Peace Grid. After Reiki had been sent, the situation changed.

The flight dispatcher became sympathetic to our cause and got me on a flight to the magnetic North Pole, which is near Ellef Ringnes Island.

After landing, I walked away from the plane on the sea ice. There I dedicated the World Peace Crystal Grid and gave it a final charge of Reiki. I took a picture for use by those wanting to send distant Reiki to it, and then buried it deep in the snow. When the sea ice melted in July, it would sink to the bottom of the Arctic Ocean where it would remain forever.



The South Pole

In December 1999, I traveled to Punta Arenas at the southern tip of Chile, my first stop on my way to the South Pole to place the second Peace Grid. I waited here until the weather cleared at our landing site at Patriot Hills in Antarctica. After four days I was notified we'd be taking off in a few hours.

After arriving at Patriot Hills, I was assigned a tent that was solar heated. The outside temperature was -30 degrees F, but because the sun is up all the time and the tents are designed to retain solar energy, the inside of the tent was much warmer—sometimes it got up to +30 degrees F.

Our special clothing and sleeping bags were warm; in fact I never felt cold, except for a small section around my wrists and near my neck. The main tent at Patriot Hills was the dining tent, which had snow melters inside to create drinking water. This kept it nice and warm, and most people hung out there while they waited for the weather to clear so they could fly out to their destinations. The pilots, world-class skiers, mountain climbers, and explorers who were there would sit around telling stories of their previous adventures, which were fascinating.



After four days the weather cleared and we took off for the South Pole. Our plane was a modified DC3 with skis. We were scheduled to have a three-hour escorted tour of the Pole and the scientific station, and then we would have to leave. This would have been far too short for what I needed to do with the Peace Grid. So, I was resigned to placing it at Patriot Hills after I got back.

Fortunately, my luck changed with the weather. After we got to the South Pole station we were taken on the tour. As we got back to the plane, we were told that the weather at Patriot Hills had gotten worse, and we would have to stay at the Pole until conditions improved. There was no room at the science station, so we had to stay in our tents.



Left from top: North Pole trip: Air terminal at Resolute.

Refueling at Eureka Weather Station. We had to carry extra fuel in the plane. Sled dogs on the Arctic ice.

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We spent five days there before the weather cleared at Patriot Hills and we could leave. This gave me lots of time to meditate with the Peace Grid and find an appropriate spot to place it.

Reiki Class at the South Pole

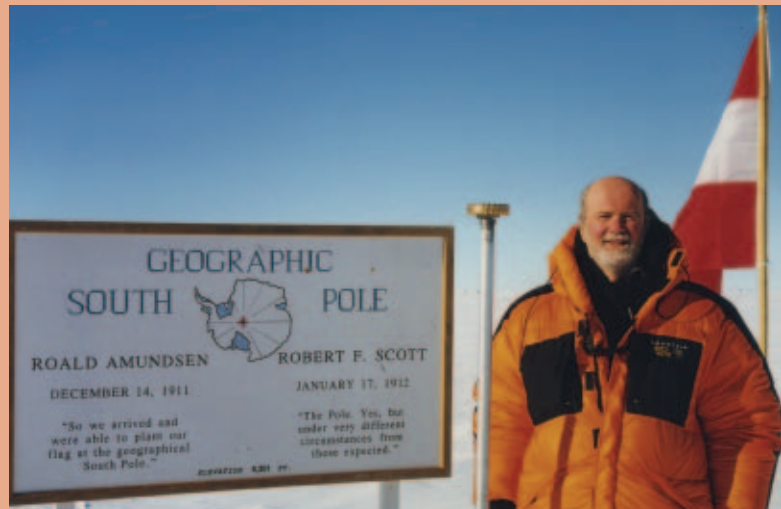
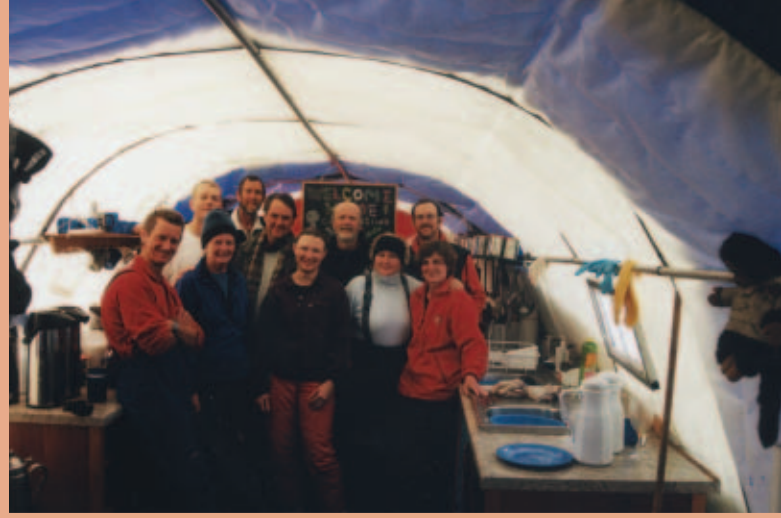
While at the South Pole I taught a mini Reiki class with two women students. This was their first camping experience, and with a wind chill of -60 degrees F and an altitude of 10,000 feet, they were very uncomfortable. So I thought I would try to cheer them up. First I offered Reiki treatments, which they gladly accepted. Then I brought them some hot water and biscuits and suggested that I could teach them Reiki. They liked this even better. I explained how Reiki works, gave them the attunement, and had them practice on each other. They loved it and were much happier. In fact, one woman said Reiki helped her keep warm, and the other said she was more relaxed and better able to cope with the difficult conditions. Also, after returning to Patriot Hills I gave a Reiki talk in the dining tent and taught another Reiki class with eight students.

The energy in Antarctica and especially at the South Pole is phenomenal! It is a very pure environment with thousands of miles of nothing but snow and ice. Only the tops of mountains called nunataks are visible, sticking up out of the glacial ice, and at that time of year, the sun is shining all the time. Being so close to the magnetic pole, and at a high altitude, there's a wonderful feeling of intensity, clarity, and peace.

During my five-day stay at the South Pole, I had some wonderful meditations. I was able to sit on the exact South Pole with the Peace Grid, and at the same time, tune into the one at the North Pole, and then experience the huge ball of the Earth between the poles. I could feel tremendous energy, and I sent Reiki and prayed for peace on Earth. I was able to do this a number of times. I also did the Reiki moving meditation, asking that my divine mission on Earth be fulfilled. These were all intensely powerful, and it was during one of these experiences that I had a personal healing of great importance, which continued to unfold for several weeks. This was a major piece that I had been working with for many years, and now that it is complete, I can see that this experience was a turning point that opened new possibilities for my work as a healer and teacher.

After several days of meditation and picture taking, I performed a special ritual and buried the Peace Grid at the South Pole the day before we left. It will remain there, slowly becoming buried deeper beneath the surface as each year's snowfall accumulates.

Right from top: South Pole trip: Fellow adventurers in the dining tent at Patriot Hills. DC-3 at the South Pole. At the South Pole. Charging the Grid before burying it in the snow.



Jerusalem

Last year I traveled to Israel to teach Reiki and began thinking about the importance a Peace Grid would have there for creating peace between Israel and Palestine and in the Middle East. I considered several locations. It needed to be a place where the Grid would remain undisturbed for an extended period of time, and the location also needed to be sacred or possess special energy. As an example, the North and South Pole locations are ideal as they are strategic, have tremendous energy, and are so remote that no one will ever find them. In Israel, I considered placing the Grid at the bottom of the Sea of Galilee or the Dead Sea or burying it in the desert, but none of these locations seemed like the right one. The Sea of Galilee is shallow, and the Grid might be found and removed, the Dead Sea is so salty it could easily corrode the Grid, and the desert didn't seem to have the right energy. After visiting Old Jerusalem, I realized this would be the right location, but finding a place where it could be left undisturbed was challenging.

I wanted to return to teach in Israel again and was intent on teaching in Old Jerusalem. I asked Amir, who sponsored my first class, if he would try to find a room there for a Reiki class. He was doubtful and at first found nothing. Then I was inspired to send Reiki to the situation and also worked on the project with my clairvoyant therapist. Working this way—and with the help of my guide, Jesus—we were able to contact and gain acceptance from the regional spirits who oversee the energy around the Old City.

After gaining their blessing, Amir had a breakthrough. He was introduced to the owner of an art gallery that was well known and influential. After talking with him and realizing that there really wasn't much other choice, Amir thought to ask him if he would allow the class to be held in his gallery. The owner



Counterclockwise from above: Entrance to the Oil Press Art Gallery - the light beam just happened to be there when I took the picture. Oil Press stones. Smudging during class inside the gallery. There are miles of streets like this. Another street scene. Doorway to the ancient wall that surrounded Solomon's Temple.



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liked the fact that Reiki was a healing art and that Amir was using it to help others, especially children, and so he agreed to allow us to have the class there. In addition, he agreed to provide a place for the Peace Grid within his store. This was an ideal location for both the class and the Peace Grid! The Grid could be hung on the wall for people to see, yet would be safe with all the other artwork.

The Oil Press Art Gallery is in a 1,500-year-old building, and until recently had been used to produce sesame oil using a set of giant stones that were turned by a camel. Also, the owner had started to create a hole in the wall for a safe by chipping on the soft stone with a hammer. When he came to very hard stone, he knew he had discovered something important and called in an archeologist who told him that he had uncovered part of the original 3,000-year-old wall of the city that had surrounded Solomon's Temple. Abir, the owner, has turned this into a small alcove where the wall can be seen.

Abir was very warm and welcoming and took time to make sure we had everything we needed for the class. He also arranged for us to meditate on a rooftop where many of the sacred sites within and around the city could be seen. The class was very special. The combination of Karuna Reiki® and the ancient spiritual consciousness within the Old City worked together to create an experience that was very uplifting.

Old Jerusalem is a walled city with seven gates, and it is divided into different quarters, including the Muslim, Jewish, Christian, and Armenian quarters. When you walk through the narrow, crowded streets you won't find any signs telling you when you've passed from one quarter to another, and it's not obvious; but if you're perceptive, you can tell. There are more than a hundred streets, with many side streets and narrow passageways mostly lined with small shops and vendors selling many interesting things—cloth, carpets, incense, spices, grain,



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vegetables, meat and fish, candles, religious objects, and art of all kinds. The shops are usually only about ten feet wide and right next to each other. Many of the streets are covered; some are well lit, but others are dark.

Within this labyrinth are some of the most sacred religious sites in the world. The Stations of the Cross, which mark the route Jesus carried the cross, are here, along with Golgotha, where he was crucified, and his tomb. The Jewish Western Wall, which is the only intact section from Solomon's Temple, and the Muslim Dome of the Rock, where Muhammad is said to have ascended into heaven, are also here. Priests, nuns, and holy people from many countries walk the streets dressed in their traditional religious garb, along with beggars, locals, children, and tourists. An air of mystery, intrigue, and excitement is everywhere. The whole scene seems like it's straight out of Indiana Jones!

As you walk past the shops, the shop owners constantly call to you, inviting you into their stores. Some look you right in the eye as though you are their best friend, give you a warm smile, and tell you how glad they are to see you. But as you go along, you soon find this is only a ploy to gain your confidence so they can sell you something. In an environment like this, it's best to remain centered in your own energy and focus on where you're going.

There are also lots of young Israeli soldiers carrying automatic weapons as well as private armed security guards with radios. Although their presence can initially create hesitation, they probably keep the Old City safe.

After the Reiki class, I had time to focus on the Peace Grid. Abir graciously gave me the freedom to place it anywhere in the gallery I chose. There were several places I had in mind, but as I meditated on which would be the best, I noticed interference entering my auric field. I began feeling weak and knew this was

something I needed to deal with. I also realized that I had been having these uneasy feelings off and on ever since I had taken the Peace Grid to the gallery, but had been too focused on the class to pay attention to them.

As I tuned in, I could see a group of spirits who were very angry at me and didn't trust what I was doing. They didn't understand the Peace Grid and thought the symbols on it were harmful. They were priests who had seen their temple desecrated in the past and were very suspicious of outsiders bringing things to their sacred space. They thought the Grid might contain an evil spell that would cause problems for them and their religion.

On sensing this, I returned to my room, where I said some prayers asking for help from the Higher Power and also calling on my guides and angels to heal the situation. When I began sending Reiki, Jesus came and started to interact with the spirits. In a non-threatening way, he explained to them that I was not trying to harm them or their religion, but that I was working to create peace. Jesus then showed them a very powerful form of love, which seemed to open their hearts. He proceeded to show how their past opposition to other religions had only created problems for their religion and that if they could focus on love and on promoting peace between religions, they would be able to enjoy their own religion even more. He then took them up to a higher dimension where they could again be in their old temple, the one that had been destroyed by outsiders. They were very thankful for this experience and accepted the healing this brought to them. As Jesus continued to work with them, he showed them the value of forgiveness and how healthy it was for them to forgive those who had harmed them in the past. As they gave up their anger, a feeling of peace came to them, and they became more and more open to working with these higher energies.



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It was apparent that a breakthrough was taking place and that these spirit priests, who were guiding the human leaders of their religion, would be making use of these new methods and helping to bring peace to their people. It seemed that this was the beginning of an important process and that they would continue to receive lessons about the power of love and the importance of peace.

This was a revelation to me as well. I was amazed by what was happening, and yet it all made sense and I was very thankful to be a part of this wonderful experience.

After this healing process had begun, I decided to take the Peace Grid to some of the sacred sites around the Old City to pray for peace and ask that the Grid be charged with the spiritual energies of each location. I first went to the Western Wall. Leaning the Peace Grid against the wall, I prayed for peace between all the religions of the world. As I did this I felt the tremendous energy of the Wall enter into the Peace Grid to empower it.

Next I went to the Church of the Holy Sepulcher. I arrived at four in the morning and was asked if I'd like to be present in the tomb while the priest gave Mass. The space was so small that only the priest, I, and two others were able to be present. After the Mass was over and the others had left, I said prayers for world peace and sent Reiki to the Grid. I did something similar at the foot of the cross at Golgotha, which is also located in the church.

Clockwise from upper right: Passageway. Dome of the Rock. Tombs of Bene Hezir and Zechariah in the Kidron Valley outside the Old City. Hooded figure. Peace Grid leaning against the Western Wall. With the Peace Grid at the Western Wall.



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Next I went to the Church of All Nations where the stone that Jesus prayed on the night before his arrest in the garden of Gethsemane is located. I prayed and did more Reiki with the Grid there.

After that I climbed the steep hill up the Mount of Olives. At the top I found the Church of the Ascension, which commemorates the spot where Jesus ascended into heaven. While waiting for the man to come with the key, I began wondering where the best place to meditate would be and as I walked in front of the church I felt as though I was becoming very light and experienced an uplifting feeling. This seemed like a good sign, so I sat on the steps and meditated with the Grid there.

A little farther down the road is a scenic lookout point giving a view of the whole city, and here I sat and meditated while focusing on the Dome of the Rock. I prayed specifically that Islam and all the religions and spiritual paths of the world would work together to create peace on Earth.

This was a very wonderful and sacred time and after this, I felt the Peace Grid was ready to be placed in the gallery. I met Abir at the gallery and he helped mount the Grid on the wall. After taking pictures I heaved a sigh of relief knowing that my work in Jerusalem had been completed.

The global Reiki community is composed of members of all religions and spiritual paths located in most of the countries on the planet. This is an ideal group of people to create world peace because together we hold the vibration of everyone on Earth! As we work together consistently using the awesome power of Reiki, we'll be creating one of the most important transformations that has ever occurred on the planet. As world peace develops, society will be lifted up to a level of well-being and happiness that will make undreamed of conditions possible. But we must take action now! The Peace Grid system has been set up to make it easy for you to send Reiki for world peace. As you send Reiki to it, your life will become more peaceful too, and you'll become part of a team of Reiki people around the world who are working for world peace. May your heart be deeply blessed as you enjoy the peace you help create. 🌿

Jerusalem Location: The Oil Press Art Gallery, 33 Jewish Quarter Road, Jerusalem, Israel 97500 email oilpress@netvision.net.il. The Peace Grid was placed here in October, 2004.

If you'd like to read more about these experiences and see additional pictures, go to www.reiki.org

Left from top: Church of Saint Mary Magdalene. Ancient olive trees in the Garden of Gethsemane. Abir and I in gallery with Peace Grid.